

Marist College Cheerleading Tryout Information

2014-2015



For additional information contact Coach Kristen at krischeercoach@aol.com

Video Try-Out Requirements:

1. Introduction (Name and Hometown only)
2. Cheer (incorporate standing tumbling and jump) The Jump can be one of the following: Toe Touch, Double Toe Touch, and Pike.
3. Chant
4. 3 Jumps (Toe Touch, Double Toe Touch, and Pike)
5. Best Standing Tumbling
6. Best Running Tumbling Pass
7. Best Stunt Sequence
8. 4 8-count dance

With video of above skills please include:

1. Recent Headshot
2. All Forms filled out and signed by athlete and guardian

**** IN ORDER TO SUBMIT A VIDEO YOU MUST MEET THE FOLLOWING REQUIREMENTS****

1. Multiple Standing Back Handsprings
2. Round Off Double Back Handspring
3. Toe Touch Back Handspring

Completed Video and Forms are due by July 18, 2014 to the address below:

Marist College McCann Center

3399 North Rd

Poughkeepsie NY, 12601

Attn: Marist College Cheerleading

VIDEOS WILL NOT BE ACCEPTED AFTER JULY 18, 2014

Once the videos are received, a confirmation email will be sent out notifying you if you make the first cut. Athletes that make the first cut will then receive information about the second round of try-outs.

Cheerleader Information Sheet

Name: _____ D.O.B. _____

Home Address: _____

Home phone: _____ Cell: _____

Email: _____

Height: _____ Weight: _____

High School/ Previous College: _____

Any recent injuries/ health problems: _____

Cheerleading Experience (years/teams): _____

Stunting positions (list all recent):

Please list any honors, awards, hobbies, and special talents (academic, community, and athletics): _____

Why do you feel you would make a great Marist College Cheerleader?

I understand the above information will be taken into consideration for a position on the Marist College Cheerleading Team.

Signature: _____

Parent/Guardian Signature: _____

Additional Information

CHEERLEADING CAMP IS MANDATORY FOR ATHLETES THAT MAKE THE SECOND ROUND OF TRYOUTS! CAMP INFORMATION WILL BE GIVEN AT A LATER DATE.

Season Apparel (fill out sizes) ALL VIDEO APPLICANTS MUST FILL OUT

Bust Size: _____

Hip Size: _____

Shoe Size: _____

Short Size (soffee shorts): _____

Shirt Size (racer back tank): _____

Shirt Size (t-shirt): _____

Boy shorts Size (spankies): _____

Sports Bra Size: _____

Warm-up jacket Size: _____

Warm-up pant Size: _____